# Drug diversion program: A comprehensive process for prevention and identification





# There is no actual or potential conflict of interest in relation to this presentation

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## What is drug diversion?

The National Association of Drug Diversion Investigators provides the following definition for drug diversion:

"Drug diversion can be defined as any criminal act or deviation that removes a prescription drug from its intended path from the manufacturer to the patient."





## What is drug diversion?

 Healthcare employees are not immune and can become addicted

Generally, healthcare providers divert for

personal use and are extremely secretive about it

 Drug diversion by healthcare providers is universal among institutions in the U.S.



## **Occupational Factors**

- Stress, fatigue and burnout
- Physical demands of the job, injuries and chronic pain
- Easy access to controlled substances
- Knowledge of drugs
- Sense of control



## **Escalation of Signs**

When healthcare providers are abusing drugs and are unable to obtain them from a prescription, they may turn to diversion. Some signs might include:

- Incorrect controlled substance counts
- Large amounts of controlled substance wastage
- Numerous corrections of medication records
- Reports of ineffective pain relief from patients
- Offers to medicate co-workers' patients for pain
- High number of controlled substance transactions compared to their peers in the department
- Not following waste process with witness
- Picking up shifts/working outside of shift/ Little use of PTO



### Potential for harm

- Impaired provider treating a patient
- Patient's untreated pain
- Patients exposed to bloodborne pathogens or
  - to unsafe substances
- Risk to themselves, other
   co-workers
- Institution



# Methods used to divert drugs

- Sharps bin
- Waste
- Tampering with vials/IV bags or lines
- Left out/unattended/unsecured
- False documentation of administration
- Fraudulent prescriptions



## Reporting suspected drug diversion

### Why many delay reporting:

- Uncertainty or disbelief
- Hoping the problem will go away (isolated event)
- Concern about what getting involved will mean for them or unit
- Friendship



### **BSWH DRUG DIVERSION PROGRAM**



### **PREVENTION**

#### Education

- Orientation
- Residents
- Staff Training
- Web Based

#### **Controls & Accountability**

- Policy & Processes
- Peer reviews
- Best Practices

#### **Medicine Security Rounds**

- Security Gaps
- On-the-Spot Training
- Mock Surveys





### **DETECTION**

#### **Monitoring/Auditing**

- Analytics of all drug transactions
  - Dept. Leader Audits
  - DDO/Pharmacy Audits
- MIDAS tracking
- Prelim investigations
- Badge and video audits
- Co-worker reporting

#### **Urine Drug Screens**

- For Cause/Reasonable Suspicion
- Random



### **RESPONSE**

#### **CS** Response Team

- 24 hr. response
- Action Plans
- DEA/TSBP/BON Reporting

#### **DDO Investigations**

- Interviews
- Surveillance
- Additional Audits
- Case Reporting/Tracking
- Law Enforcement Referrals

#### Substance Abuse Help

- TX Peer Assistance Program for Nurses
- TX Physician Health Program



# **Drug Diversion Officers**

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