

Good Questions for Your Good Health

Ask Me3[®]

Every time you talk with a health care provider

Ask these questions

1.

**What is
my main
problem?**

2.

**What do I
need
to do?**

3.

**Why is it
important for
me to do this?**

*Asking questions can help you be
an active member of your health care team*

www.npsf.org/askme3

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