

ReCAST

Resiliency in Communities After Stress and Trauma

Other ReCAST Communities:

Oakland, Chicago, Baltimore, Flint, Minneapolis, St. Louis, Bexar County, Milwaukee, and **Baton Rouge**





History & Purpose of ReCAST grants The grants promote resilience and equity through applying evidence-based, violence prevention, and community youth engagement programs. The grants will also help promote access to trauma-informed behavioral health services.



Why Dallas County?

• Multiple qualifying events in the last few years

- July 7, 2016 (Downtown vigil/rally against police brutality led to attack on police officers)
- Death of Jordan Edwards by Balch Springs PD
- Attack on Dallas-Fire Rescue Paramedic
- Community College Shooting
- These events impacted our communities, students, first responders, health systems



What is the Dallas County ReCAST Project?

- Dallas County ReJuvenATE
- Revitalize Juveniles through Acknowledgement, Training, and Empowerment
- Two year project in partnership with local communities



The Dallas County Model

Area of Impact: **75224**, **75232**, **75237**

Characteristics:

Majority-Minority zip codes 30% of households below the FPL High number of single parent households Low health insurance rates Low education levels

Training based outreach

- Individuals that come in contact with youth and their families before, during, and after trauma
- First responders, health professionals, educators and community based organizations



Community Partnerships

- Community Based Organizations
- Education Institutions
- Government
- Healthcare Organizations
- Law Enforcement
- Philanthropic Organizations
- Religious Groups
- Youth Organizations

- Help us magnify the reach of the project throughout Dallas County
- Attend trainings, be active participants
- Assist with feedback for the Community Needs Assessment
- Make your organizational resources available to the project
- Provide feedback to project staff



Developing a Community Strategic Plan

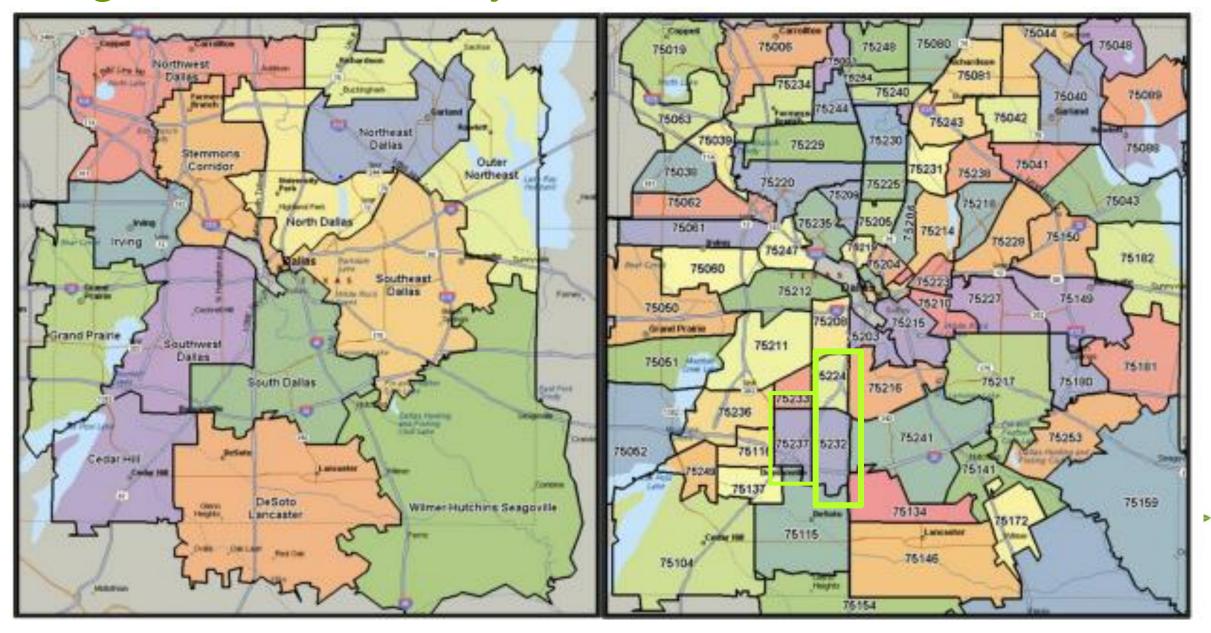
- Based on the community needs assessment
- Collaborative effort with project leadership, project partners and impacted communities.
- Building a better community through effective communication, collaboration, accountability and transparency.
- Planning and implementing culturally and linguistically appropriate trainings to develop sustainable community resources.



The Community Needs Assessment



Figure 1. Dallas County Service Areas and ZIP Codes



Demographic Distribution

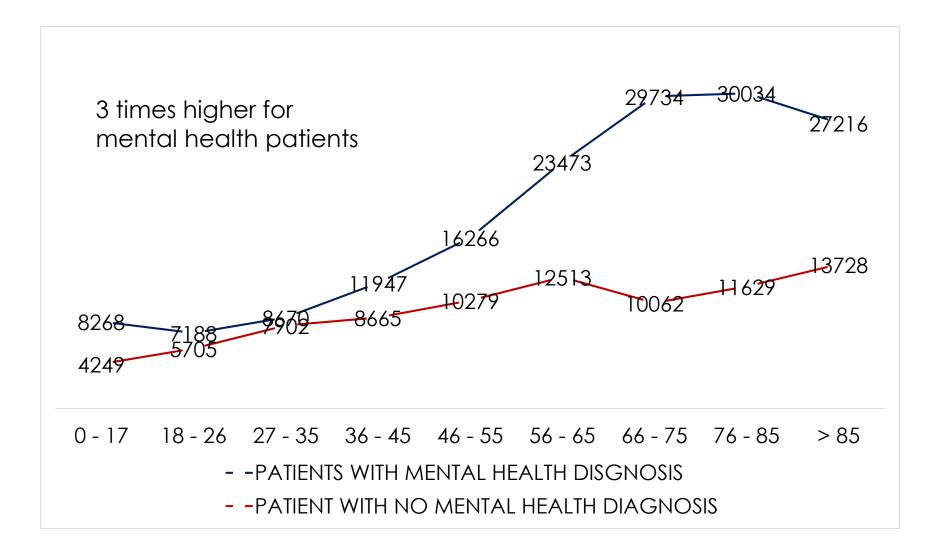
	United	Texas	Dallas	75224	75232	75237
	States		County			
Age & Sex						
Females	50.8%	50.4%	50.8%	50.5%	52.4%	59.1%
Under 18	22.9%	26.3%	26.7%	31.3%	25.4%	30.8%
65 and over	14.9%	11.7%	9.9%	7.3%	15.1%	5.9%
Race & Ethnicity						
White (not Hispanic or Latino)	61.6%	43.0%	30.6%	8.7%	5.3%	3.0%
Black or African American	13.3%	12.5%	23.1%	25.1%	65.2%	79.8%
Hispanic or Latino	17.6%	38.8%	39.5%	63.7%	29.0%	15.1%
Language other than English @ home	21.0%	35.0%	41.7%	59.1%	21.8%	23.0%
Linguistic Isolation	4.5%	7.9%	11.1%	16.9%	10.4%	6.0%

REJUVENATA SAMESA RECAST Project

Socio-Economic Status

		US]	Texas	Dallas	75224	75232	75237	
	Income & Poverty								
	Unemployment	4.4%		7.0%	7.6%	10.4%	11.2%	13.1%	
	Median household income	\$ 53,889	\$	53,207	\$ 50,270	\$ 35,547	\$ 34,105	\$ 27,742	
	Per-Capita Income	\$ 28,930	\$	26,999	\$ 27,605	\$ 15,016	\$ 16,272	\$ 14,316	
	People living below poverty level	15.5%	1	7.3%	19.3%	30.8%	30.7%	30.2%	
	Children living below poverty level	21.7%	2	24.7%	29.3%	42.3%	<mark>47.9%</mark>	42.1%	
	<u>Housing</u>								
	Single-Parent Households	33.7%	3	33.3%	38.9%	47.6%	<mark>60.8%</mark>	<mark>75.8%</mark>	RejuvenATE
	Homeownership	56.0%	5	55.2%	46.8%	46.5%	55.9%	12.2%	
	Median value of owner- occupied housing	\$ 178,600	\$ 1	136,000	\$ 132,700	\$ 98,475	\$ 106,523	\$ 116,955	
]	Renters spending 30% or more of income on rent	51.8%	4	18.4%	48.2%	62.2%	<mark>66.3%</mark>	60.4%	a SAMHSA ReCAST project

Mental Health Cost (2016)





Suggested Strategies

- Collaborative Community Based Efforts with local partners and faith-based organizations to address specific disparities associated with trauma and mental health.
- **Capacity and Access** Improve access to trauma and stress care by integrating with primary and specialty care.
- Education and Training Providing Mental Health First Aid training to community health workers and residents to serve as a sustainable resource in local communities for prevention and early detection.
- Care Coordination- Organized culturally competent trauma care activities and sharing of information across all patient care participants.



Partners and Community input

"Need your help"

