

# INFANT SLEEP-RELATED DEATHS

AGE LESS THAN 1 YR  
2012-2016  
DALLAS COUNTY

Unsafe sleep environment is the leading cause of death among children under the age of 1 in Dallas County

78%

Not  
sleeping  
in crib

59%

Sleeping  
on same  
surface as  
caregiver

41%

Placed to  
sleep  
on stomach

# 43%

Of infants who died while sharing a bed with a caregiver/sibling, had a crib present in the home.

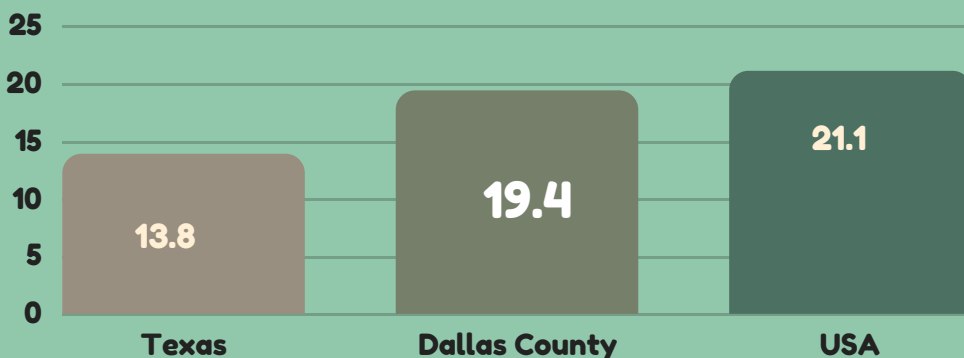
American Academy of Pediatrics recommends:

- An infant placed on their back
- On a firm sleep surface in an empty crib or bassinet
- With a tight fitted sheet
- Without blankets, pillows, crib bumpers, and soft toys

## COMPARISON OF UNSAFE SLEEP DEATH RATES\*

AGE <1, 2012-2016

\*RATE PER 100,000



# 1.4

An infant in Dallas County is 1.4X more likely to die due to unsafe sleep than in the state of Texas.

# 6

MONTHS

84% of infants that died due to unsafe sleep environment were less than 6 months of age

Additional information is available at  
Texas Department of Family and Protective Services website :  
ROOM TO BREATHE Program

Source: Dallas County Medical Examiner Data / Center for Disease Control and Prevention Wonder APP